



## 5 things you can do to prevent child abuse:

### Know the facts.

Over 90% of child sexual abuse happens with someone the child knows well.

### Teach children how to talk about their bodies.

Talk about safe and unsafe touches and using the correct anatomical names for our body parts.

### Share ChicagoCAC's training resources.

We offer free or low-cost trainings for parents, child-serving professionals, and community members. Seek out an EOP team member for more information.

### Be the reason prevention is possible.

Educate yourself as well as your children about warning signs of child abuse, staying safe online, the importance of consent, and more.

### Know how to get help.

Call the hotline number at **1-800-25-ABUSE** if you observe or suspect child abuse. If you're a mandated reporter, know your responsibilities.



This April, paint your pinky fingernail blue (or wear a blue ribbon) to raise awareness about child sexual abuse and to represent the 1 in 10 children who are victims of sexual abuse before age 18.

**It's a #pinkypromise!**