

## RESOURCES

### Prevention

- Coalition Against Sexual Abuse of Children with Disabilities: [ChicagoCAC.org/CASACD](http://ChicagoCAC.org/CASACD)
- Internet Safety Information: [NetSmartz.org](http://NetSmartz.org)
- Stop It Now!: [StopItNow.org](http://StopItNow.org)
- Committee for Children: [CFChildren.org/families](http://CFChildren.org/families)
- Enough Abuse: [EnoughAbuse.org](http://EnoughAbuse.org)
- The Mama Bear Effect: [TheMamaBearEffect.org](http://TheMamaBearEffect.org)
- Strengthening Families Illinois:  
[StrengtheningFamiliesIllinois.org](http://StrengtheningFamiliesIllinois.org)

### For adult survivors of sexual abuse

- Joyful Heart Foundation: [JoyfulHeartFoundation.org](http://JoyfulHeartFoundation.org)
- Rape, Abuse & Incest National Network: [RAINN.org](http://RAINN.org)
- Oregon Abuse Advocates & Survivors in Service:  
[OASSISOregon.org](http://OASSISOregon.org)
- Black Abuse Survivors: [BlackSurvivors.org](http://BlackSurvivors.org)

To schedule a training for  
your organization, contact  
[Training@ChicagoCAC.org](mailto:Training@ChicagoCAC.org)

### Child abuse and neglect

- **Childhelp National Child Abuse Hotline:** [www.childhelp.org/hotline](http://www.childhelp.org/hotline)  
1-800-4-A-CHILD (1-800-422-4453)

### Youth and adults with sexual behavior problems

- Association for the Treatment of Sexual Abusers: [ATSA.com/request-referral](http://ATSA.com/request-referral)
- National Center on the Sexual Behavior of Youth: [NCSBY.org](http://NCSBY.org)

### Books for children about prevention

- *Some Parts are Not for Sharing* – Julie K. Federico (ages 6 months+)
- *Your Body Belongs to You* – Cornelia Spelman (ages 3-6)
- *It's MY Body* – Lory Freeman (ages 3-8)
- *Loving Touches* – Lory Freeman (ages 3-8)
- *The Right Touch* – Sandy Kleven (ages 3-8)
- *The Trouble with Secrets* – Karen Johnsen (ages 3-8)
- *My Body Belongs to Me* – Jill Starishevsky (ages 3-8)
- *A Secret Safe to Tell* – Naomi Hunter (ages 3-8)
- *Some Secrets Should Never Be Kept* – Jayneen Sanders (ages 3-8)
- *I Said No: A Kid-to-kid Guide to Keeping Private Parts Private* – Kimberly King (ages 3-8)
- *Body Safety* – Jayneen Sanders (ages 3-12)
- *My Body is Private* – Linda Walvoord Girard (ages 6-11)
- *The Swimsuit Lesson* – Jon Holsten (ages 6-11)
- *Fred the Fox Shouts "No!"* - [Tatiana Y. Kisil Matthews](http://TatianaY.KisilMatthews.com) (ages 3-8)

## Books about sexual development and safety

- *The Sex-wise Parent* – Janet Rosenzweig
- *Birds + Bees + Your Kids* – Amy Lang
- *Off Limits: A parent's guide to keeping kids safe from sexual abuse* – S. Wuertele & F. Berkower
- *Understanding Your Child's Sexual Behavior* - Toni Cavanaugh Johnson
- *Childhood Sexuality: A guide for parents* – Gail Ryan and Joanne Blum
- *From Diapers to Dating: A parent's guide to raising sexually healthy children* - D. Haffner
- *What's the Big Secret? Talking about sex with boys and girls* - Laurie Brown
- *Changing Bodies, Changing Lives* – Ruth Bell
- *It's Perfectly Normal* – Robbie Harris
- *It's So Amazing* – Robbie Harris

## Books for Children on Healing and Recovery

- *Something Happened and I'm Scared to Tell* – Patricia Kehoe, Ph.D. (ages 3-7)
- *Something Is Wrong at My House* – Diane Davis (ages 3-12)
- *I Can't Talk About It* – Doris Sanford (ages 4-8)
- *A Very Touching Book for Little People and for Big People* – J. Hindman & T. Novak (ages 6-12)
- *Sarah's Waterfall: A healing story about sexual abuse* – Ellery Akers (ages 7-12)

## Resources on Healthy Puberty and Sexuality – Disabilities

- *Taking Care of Myself: A Hygiene, Puberty, and Personal Curriculum for Young People with Autism*, by Mary Wrobel
- *Teaching Children with Down Syndrome about Their Bodies, Boundaries and Sexuality* – T. Couwenhoven
- Vanderbilt Healthy Bodies: A Parent's Guide on Puberty for Girls/Boys with Disabilities  
<http://kc.vanderbilt.edu/healthybodies/>
- Family Life and Sexual Health (FLASH)  
[www.kingcounty.gov/healthservices/health/personal/famplan/educators/FLASH.aspx](http://www.kingcounty.gov/healthservices/health/personal/famplan/educators/FLASH.aspx)
- Healthy Relationships Workbook  
[www.arc-spokane.org/PDFs/2015%20PDFs/HR%20workbook%20March%202015.pdf](http://www.arc-spokane.org/PDFs/2015%20PDFs/HR%20workbook%20March%202015.pdf)
- Sexuality and Disability: A Guide for Parents  
[www.arc.spokane.org/PDFs/Sexuality%20and%20Developmental%20Disability%20parent%20guide.pdf](http://www.arc.spokane.org/PDFs/Sexuality%20and%20Developmental%20Disability%20parent%20guide.pdf)